



IUP Counseling Department Newsletter

A semi-annual newsletter for the IUP Department of Counseling alumni and students



Inside this issue:

- Faculty News
- Student Awards
- Career Day Workshops
- CCTS Workshops
- Graduations
- Licensing Law Revision
- Patsy Besh Retires

Welcome to the Spring/Summer 2012 edition of the Counseling Department newsletter. Another productive academic year has come to an close and we are again experiencing transitions. Dr. Desmond chaired a successful search for a new faculty member resulting in **Dr. Tyler Wilkinson** joining our faculty this coming academic year. Tyler received his doctoral degree from Auburn University in Alabama; look for more information in the Fall newsletter. **Dr. Edward Nardi**, a 1996 alum of our doctoral program, was recently named Interim Dean of the College of Education and Educational Technology. **Patsy Besh** retired from her position at Penn Center East in Pittsburgh (p. 2).

Congratulations to **Stephanie Stahl** the recipient of the Janet Fontaine Outstanding Student Award and to **Connie Kramer**, who received the George Spinelli Scholarship (see p. 4). These awards were made at graduation ceremonies for both Indiana campus and Pittsburgh students (see pictures, p. 4-5). Inaugural **Heroes in Helping Awards** were given to three area high school youth - Isaac Mastalski from Indiana, Kaylee Maughan from Purchase Line, and Alena Frasier from Elderton (see p. 6).

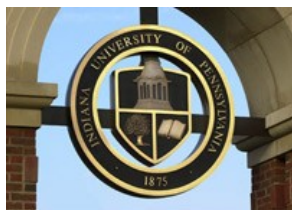
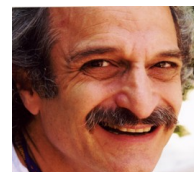
The Center for Counselor Training & Services will sponsor two timely workshops this fall, including a workshop by Jody Bechtold titled, **Introduction to Problem Gambling**, and a workshop on **Creating More Satisfying Lives** with Dr. John Krumboltz (see p. 3).

An amendment to the **Counselor Licensing Law** was recently approved by the Governor; this will effect both recent graduates as well as alumni graduating with less than 48 credits (see p. 3). We have extended our late **Fall 2012 application deadline** to June 18th, and are especially interested in increasing our pool of school counseling applicants for both campuses. Thanks in advance for any potential applicants you refer to our programs.

We continue to update and expand our Counseling Dept. **Facebook** page; check us out and "like us." Make sure to update your email and other information to continue to receive this newsletter and latest information from the department and university (see p. 7). Thanks to faculty and Graduate Assistants who contribute to this newsletter.

On a personal note, Debbie and I are excited about becoming grandparents at the end of June and again, in early September. We took a cruise to Cozumel, Haiti and Jamaica last December, and we are looking forward to a vacation on Cape Cod later this summer. Life is good! The faculty and I wish you an enjoyable and healthy summer!

Bob Witchel



Faculty News

Dr. Lorraine J. Guth, during fall 2011, was part of an outreach effort to help establish the counseling profession in Bhutan, a small landlocked country in South Asia. Dr. Guth had an incredible experience working at Changzamtog Lower Secondary School in Thimphu, Bhutan. After she returned to the United States, Dr. Guth shared her experi-



ences with colleagues, students, and friends in Indiana, PA. As these individuals learned about the initiative, they decided to send gifts to help with the counseling efforts in the Bhutanese school. Faculty members in the IUP Department of Counseling donated counseling textbooks that will serve as resources to the teacher counselors. The IUP Counselor Education Student Association purchased excellent counseling related materials to be used for a variety of student issues such as divorce, anger, feeling expression, self esteem, and life skills. A local parent donated school supplies that were purchased by young children. All of these supplies can be used for many counseling related activities. The generosity of the IUP and Indiana communities will be greatly appreciated by the school community in Bhutan. She also had the following collaborative presentations:

Guth, L. J. (2011). Overview of group work. Presentation at the National Board of Certified Counselors International Counseling Conference. Thimphu, Bhutan.

Guth, L. J., McAuliffe, G., Michalak, M., & Nocella, A. (2011). Why study abroad?: Overview of Ireland Counseling and Diversity Institute outcome research. Presentation at the Asia Pacific Rim International Counselling Conference, Hong Kong.

Guth, L. J., & McAuliffe, G. (2011). Beyond the borders: Designing and assessing powerful international experiences on counselors' cultural alertness. Presentation at the Association for Counselor Education and Supervision Convention, Nashville, TN.

Desmond, K. J., Guth, L. J., Dandeneau, C., & Murray, K. (2011). The learning network: Helping counselors to put social media to work. Presentation at the Association for Counselor Education and Supervision Convention, Nashville, TN.

Personally, her son, Alex, recently turned 13 and is recovering from an ice hockey injury. He is eager to get back to lacrosse and hockey. Her daughter, Adriana, is 9 and loves lacrosse, ice hockey, karate, and acting. Dr. Guth is looking forward to enjoying the summer with her family.

Dr. Kim Desmond and her husband, James, are keeping busy with two little ones. Mason is now five and is headed to kindergarten next year. Maya turned two at the end of the semester and is finding her voice especially with her big brother. We are looking forward to the summer months and spending time outdoors.

Professionally, Dr. Desmond just had an article accepted for publication in the *Journal of Counseling and Development*. The article is titled, "Parent-child Conflict and Attachment: Counseling Interventions with Parents" and should come out during the fall of 2012. Dr. Desmond also collaborated with Drs. Dandeneau and Marshak along with the Marion Center School District on a federal grant application for Elementary and Secondary School Counseling Programs. The application is in review and we are all keeping our fingers crossed!

During the fall 2011 semester, Dr. Desmond had the privilege of presenting with IUP graduate counseling students at the Pennsylvania School Counselors Association in Lancaster, PA. The presentation topics included career education for pregnant and parenting teens as well as supervision in school counseling.

Nationally, Dr. Desmond continues to serve on the American Counseling Association Professional Standards Committee. She is also a site reviewer for CACREP program compliance. In addition, she continues to serve on the editorial board for the *Journal of Counselor Preparation and Supervision*. Enjoy the summer!!!

Dr. John McCarthy - I finished my third year as an International Scholar in the Academic Support Program and continued to enjoy my experience in meeting and working with various faculty in Eastern Europe and Central Asia. In April, I attended a meeting in Budapest and had the good fortune of seeing Kim Scanga (MED '07) and her family. My five-year term on the Board of Directors for the Center for Credentialing and Education comes to an end in June. It has been a tremendous professional experience for which I am most grateful. I published a journal article this Spring on counselor education in England and Ireland. I have also written articles for magazines and newspapers in the past year, including the Pittsburgh Post-Gazette, Counseling Today, and the Psychotherapy Networker. I also collaborated with Dr. Robin Rishel on a parenting article for the Macaroni Kid website. It's been quite enjoyable writing these articles, and I hope to continue doing more of them in the future. I hope to see some you at CCTS workshops in 2012-2013!

Patsy Besh Retires

Over the twelve years the Department of Counseling has offered programs in the Pittsburgh area, Patsy Besh has served as our primary support person. Patsy retired in December 2011. Pictured with Patsy is Tracey Poach, who has moved from a part-time position to Patsy's full-time position at Penn Center East. We wish both Patsy and Tracey the best!

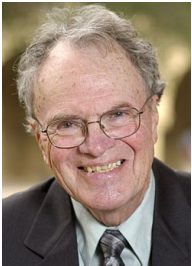


CCTS WORKSHOPS

Creating More Satisfying Lives

Dr. John Krumboltz, a pioneer and leading figure in career counseling, will offer a one-day workshop entitled, **Creating More Satisfying Lives**. The workshop is sponsored by the IUP Center for Counselor Training and Services and will be held on **Friday, Nov. 16, 2012**, from 9 a.m.—3:30 pm at the **Greensburg Garden and Civic Center** in Greensburg, PA.

Dr. Krumboltz is a professor in the School of Education at Stanford University and has taught there since 1961. He became a full professor in 1966. For more than 50 years, Dr. Krumboltz has been an international scholar and leader in the field. His research in career development, behavioral counseling interventions, and social learning theory in career development represented ground-breaking work. He has authored or co-authored over 200 publications.



The American Counseling Association designated him a “Living Legend in Counseling” in 2004. Two years later, Dr. Krumboltz was given the Outstanding Achievement Award from his alma mater, the University of Minnesota, where he received his Ph.D. degree in Educational Psychology in 1955.

His many other honors include the American Psychological Association (APA) Award for Distinguished Professional Contributions and the Leona Tyler Award from APA's Division 17 (Counseling Psychology).

Dr. John McCarthy, CCTS Director expressed excitement about the event. “To have a presenter of Dr. Krumboltz’s stature to conduct a CCTS workshop is a true honor,” McCarthy said. “He is a legendary figure in the profession.” Workshop information will soon be available on the CCTS website or can be obtained by calling 724-357-3807.

Introduction to Problem Gambling

Jody Bechtold, LCSW, NCGC-II, PC is a recognized expert on gambling & substance addiction as well as leadership development. Jody will present a workshop entitled, **Introduction to Problem Gambling** on **Friday, December 7, 2012** at the **IUP Monroeville Graduate and Professional Center**.

Jody brings a wealth of experience as a trained professional coach, a Licensed Clinical Social Worker, a Nationally Certified Gambling Counselor and as a graduate faculty member of the University of Pittsburgh’s School of Social Work. In March 2011, she received the *Person of the Year* award from the Pennsylvania Council on Compulsive Gambling for her work in prevention, education and training, and clinical practice in the field of gambling addiction.



This timely workshop will focus on:

- Identify problem and pathological gambling disorders.
- Screen and assess for pathological gambling in individuals.
- Articulate the similarities and differences with chemical addiction.
- Identify the “hook” of the gaming industry.
- Describe at-risk populations.
- Utilize harm reduction approach to gambling.
- Access and utilize PA gambling treatment referral system.

Workshop information will soon be available on the CCTS website or can be obtained by calling 724-357-3807.

Act #17 Amending

Counselor Licensure Law

Act No. 17, signed into law on March 14 2012, amending the act of July 9, 1987 (P.L.220, No.39), known as the Social Workers, Marriage and Family Therapists and Professional Counselors Act, further provides for qualifications for license. Two important changes in the Act are:

- **Allows counselors with less than 48-credit master’s degrees to qualify for the license provided the degree was granted on or before June 30, 2009. Candidates must still complete 60 total credits and pass the PC examination.**
- **Reduces the hours of supervised experience required for the MFT and PC license from 3,600 to 3,000 hours.**

The text of this bill can be found at—
<http://legiscan.com/gaits/view/288752>

If anyone has specific questions, they should contact the Counselor Licensing Board at (717) 783-1389.

Dr. Spinelli Memorial Fund

If you wish to contribute to the Dr. Spinelli Memorial Fund, contact the Office of Annual Giving at (724) 357-5555 or write to: The Office of Annual Giving, 411 Sutton Hall, Indiana University of PA, Indiana, PA 15705. The annual award is \$400 and is given to a current counseling student.

IUP Counseling Department Newsletter

Outstanding Student Award



The **2011-2012 Janet H. Fontaine Outstanding Student Award** was given to **Stephanie Stahl**, a student in our Indiana campus school counseling program. The award is given to a student who has been nominated by his/her peers or faculty members and exhibits excellence in academics, leadership and commitment to the field of counseling. Stephanie clearly has demonstrated these qualities as she is a member of Chi Sigma

Iota Pennsylvania School Counselor Association, American School counselor Association, Counselor Education Student Association and she has volunteered for Parents and Families of Lesbians and Gays, the Career Day workshop for pregnant and parenting teens, and IUP's Disability Support Services. Stephanie was awarded a graduate assistantship with Dr. Desmond for two years and has provided support to our department that went above and beyond her duties. During her time in our program, Stephanie co-presented with Dr. Desmond five presentations at the Pennsylvania School Counselor Association Conference and at the IUP School counselor Professional Development Day. She also has two publications with Dr. Desmond in peer-reviewed journals. Stephanie also presented a speech for graduate students at the IUP graduation ceremony.

Congratulations, Stephanie!

Spinelli Scholarship

Connie Kramer is the recipient of the **George Spinelli Scholarship for 2011 - 2012**. Dr. Spinelli was the first chairperson of the Department of Counseling. The Spinelli scholarship is awarded in his name to a student who excels in leadership and scholarship. Connie is a student in our Community Counseling program in Monroeville/Pittsburgh. The scholarship was presented by Dr. Bruno (pictured above).



Connie has served as Dr. Bruno's graduate assistant for two years and has made great contributions to the field of counseling. She was awarded a \$600 grant to be the principal investigator in a research study on cyber-bullying in three Pittsburgh schools. As a result of her research, she collaborated on an article submitted to the Middle School Journal for publication. Her research team further presented their findings at the Illinois Anti-Bullying conference and at the IUP School Counselor Professional Development Day. Connie also serves as the Vice President for the IUP Counselor Education Student Association at Penn Center. Her contributions to the field of counseling follow in the footsteps of our past chair, George Spinelli.

Congratulations, Connie!

Indiana Campus Graduation



Left to right: Amanda Beck, Rebecca Deist, Tammi Donaldson, Ashley Rossi, Moira Jackson, Holly VanDyke, Alexandria Nocella, James Ellermeyer III, Stephanie Stahl, Abby Mailliard.

Penn Center Graduation



Community Counseling Cohort #11 (including faculty): (back row): Dr. Witchel (advisor), Kelly Stone, Dr. Branthoover, Rebecca Hahn, Catherine Cook, Rogna Ericksen, Bethany Williams Crow. (front row): Donna Moore, Jared Slodowick, Juliana Priola, Karen Reifer, Sharon Nau, Melissa Oliver, Dr. Bruno, Dr. Cato. (sitting in front): Tamera Scott. Missing from picture: Monique Veney.



School Counseling Cohort 6 (including faculty): (back row): Dr. Witchel, Kelly Innocent, Tamera Scott [MA grad., took some classes with MEd cohort], Dustin Gillingham, Maggie Giel, Christopher Showe, Bruce Lombard, Dr. Branthoover. (front row): Jenn Hajdukiewicz [will graduate next year], Mary Jane Edwards, Danielle Sefchok, Samantha Heilman, Megan Rowles, Dr. Bruno (Advisor), Dr. Cato. (sitting in front): Ashlea Smith. Missing from picture: Melissa Gibbon, and Erica Parente Ware.

IUP Counseling Department Newsletter

2012 Career Day Workshops for Pregnant and Parenting Teens

“Career Day”, a collaborative workshop coordinated by the Dept. of Counseling and the Armstrong Indiana Intermediate Unit Pregnant and Parenting Teen program was held on March 8, 2012 in the HUB at IUP. Eleven Counseling master’s degree candidates presented career workshops for about 35 pregnant and parenting teens to help them develop job search skills and post-secondary educational goals.

Drs. Desmond and Carone assisted students in developing innovative workshops that were very well-received by the teens. Counseling students who developed and presented workshops were: Erica Garner, Kayla Kamler, Patrice Kebler, Erin Rebling, Crystal Sunseri, Rachel Teeter, Rebecca Deist, Ashley Rossi, Holly VanDyke, and Alexandria Nocella. In addition, Lyndsay Smith provided considerable coordination for the event.

Workshop offerings included topics such as, “Career Personalities,” “Financial Aid for College Planning,” “Job Interviewing,” “Resume Writing,” and a college fair where representatives from area technical schools and universities provided post-secondary information to the teens. Coordinators of the Pregnant and Parenting Teen program, Tina Genchur, Julia Valenti, Tammy Wolfe, and Gary Simmons, provided lunch, a reading is fun activity, and a raffle for the teens. It was a fun and successful day! Thank you to all of the counseling students who provided excellent workshops that facilitated career development of pregnant and parenting teens!



Heroes in Helping Awards

Isaac Mastalski (pictured with Dr. Dandeneau), a sophomore at Indiana Area High School, **Kaylee Maughan** a senior from Purchase Line High School, and **Alena Frazier** senior from Elderton Junior–Senior High School were recipients of the inaugural Heroes in Helping Awards given at the Department Graduation on the Indiana campus. The Department of Counseling will continue to make these awards to area youth on a yearly basis. If an alum is interested nominating a student in grades 6 - 12 for their exemplary involvement in helping activities related to their schools or communities contact Dr. Dandeneau. Such activities can include peer tutoring/mentoring; volunteer service related to helping others; or activities of raising awareness or prevention regarding a health or well-being issue. Congratulations to Isaac, Kaylee and Alena.



As a way to acknowledge the mark of quality by our accreditation and being named the 2010 Outstanding Counselor Education Program by the PA Counseling Association, the Department would like to further support Community and School Counseling students by defraying their registration and travel costs for professional conferences and for coursework in other countries. Your support may also be dedicated to faculty initiatives. Thank you! **4450/NCSPF/SUBS/AO13**

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Newsletter on the Web

You can view this and previous issues of our newsletter at www.iup.edu/counseling in the news section.

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Department Website Dr. Witchel and his GA, Alisha Bashaw, maintain the dept. website at www.iup.edu/counseling. If you have any feedback or suggestions feel free to email us at bwitchel@iup.edu

Like our new Facebook page!

Indiana University of Pennsylvania—
 Department of Counseling.

Alumni - Important!!

Alumni Surveys

The Counseling Department plans to survey alumni about job placement experience. Alumni will be sent a postcard related to this survey. In addition, alumni will be asked to identify their employer which will allow us to get their input about our counseling programs. This information will be helpful in our continuing to meet CACREP standards.

Updating your Email & Other Information

To continue receiving all the latest information from the Counseling Department and the University, update your **email address** as well as other information at the following website:



www.iup.edu/upper.aspx?ekfrm=37027

IUP Counseling Department Newsletter
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 Graduate Assistant:: Alisha Bashaw

Alumni Feedback

We want to know what our alumni are doing – professional activities, publications, presentations, current employment positions and so forth. We also want to update our mailing list, and obtain e-mail addresses. We are interested in knowing about employment and internship opportunities for our current students. Please return this form (add additional sheet if needed) the Department's return address below:

Name _____ Year of Graduation _____ Degree _____

Address _____

Home phone _____ Work phone _____

Email _____

Place of Employment _____ Job Title _____

Publications _____

Presentations _____

Other news _____

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