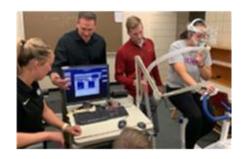


# **GET IN TOUCH**

Dr. Robert Alman Graduate Coordinator for MS in Exercise Science Zink Hall, Room 233 1190 Maple Street Indiana, PA 15705 Phone: 724-357-7754 balman@iup.edu





# **EXERCISE SCIENCE/Sport Science, MS**

College of Health and Human Services

Accomplish the next step toward obtaining your Masters in Exercise Science. Students can graduate with their master's within a 2-year time period. Graduation from this program will provide students with the necessary preparation for certification from organizations including the American College of Sports Medicine, the National Strength and Conditioning Association, and the National Academy of Sports Medicine.

## **PROGRAM HIGHLIGHTS**

Students will begin by choosing a focus of either Clinical/Research or Strength and Conditioning. These students in either track can choose a 36-credit thesis option or a 36-credit non-thesis option.

The thesis option allows students to gain experience in the design and implementation of research within the field of exercise science. The non-thesis option allows students to gain experience through internships in the workplace in a variety of settings including hospitals, wellness centers, and corporate and community-based fitness facilities.

- Relevant—Classes utilize research and internship opportunities.
- Supportive— Faculty are committed to your success.
- Inclusive—Applicants holding a bachelor's degree in exercise science can apply to the master's program.
- Field-ready practicum-based courses allow students to work directly with field professionals at on- and off-site locations to practice skills as a preprofessional.

### **CAREER OUTCOMES**

Why MS in Sport Science? The program allows you to choose from two newly revised concentrations, Clinical/Research and a new Strength and Conditioning concentration. Both concentrations allow you to select a thesis or non-thesis option. Coursework from this program provides students with the necessary preparation for certifications from ACSM, NSCA and NASM. Quality internships are an integral part of the curriculum. Assistantship opportunities are available on a competitive basis every year.

For more information visit.

https://www.iup.edu/kines/grad/sport-science-exercise-science-ms/index.html





# **Admissions Requirements**

Application (\$50 fee)
Goal Statement
Undergraduate Transcript
Two letters of
recommendation

For step-by-step instructions, visit <a href="https://www.iup.edu/admissions/graduate/howto/index.html">https://www.iup.edu/admissions/graduate/howto/index.html</a>

This program does not have an application deadline; however, we encourage you to complete your application by February 1, especially if you are interested in a graduate assistantship.

# QUESTIONS ABOUT YOUR APPLICATION?

graduate-admissions@iup.edu 724-357-2222

# **3 REASONS TO CHOOSE IUP**

# **QUALITY**

- **Faculty mentors**. Our professors will do more than teach you. They serve as mentors, working right beside you on research and engaging you in one-on-one learning experiences.
- A professional network. Tap into the experience and connections provided by our network of more than 150,000 alumni around the world.

### **VALUE**

- A smart investment. Our tuition rate helps make earning a graduate degree affordable. Visit IUP.edu/cost to calculate your tuition rate.
- **Financial assistance**. Take one of more than 500 graduate assistantship opportunities or get our help in finding scholarships, grants, and loans to afford your education.

# **EXPERIENCE**

- Research Opportunities. IUP is proud to classified as the only public doctoral/professional institution in Pennsylvania. At IUP, you'll have opportunities to present your research at conferences, symposiums, and exhibits.
- **Resources**. Get help with statistics at our applied research lab, editing assistance in the Kathleen Jones Writing Center, and more thanks to the wide range of free resources for IUP graduate students.

