



College of Health and Human Services

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The College of Health and Human Services at IUP has over 3,100 students enrolled in nine departments, centers, and institutes. Visit us at iup.edu/healthhumanserv.

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CHHS Food Collection Event

On May 8, the CHHS Service Committee coordinated a collection for the IUP Food Pantry to support students in need. Thanks to the committee and coordinator Nicole Buse (Hospitality Management faculty), HHS faculty and staff donated a truckload of food to restock the IUP Food Pantry shelves.



Cooking and Learning at Home: FDNT 151 finds ways to connect

Interactive food demonstrations, lab projects, and hands-on *experiences* continued while the instructor, students, and dietetic interns were at home in their kitchens using online tools ZOOM, D2L, and Adobe SPARK videos.

After transitioning to online learning in March, hands-on learning activities, like those in the FDNT 151 Introductory Foods cooking course, suddenly became much more interesting to accomplish. Michelle Tweardy, along with Graduate Assistant Brittany Palmiscno and Dietetic Interns, Nicole Schneider, Kaleen Weikel, and Hannah Sharp, worked together to create interactive lessons with Zoom demonstrations and Adobe SPARK videos for students learning at home. This provided a great educational experience for everyone involved.

The FDNT (Food and Nutrition) and FCSE (Family and Consumer Sciences Education) students enrolled in the course stepped up to the *challenge*

and prepared food experiments and recipes at home. They manipulated dough to determine the gluten content, experimented with a variety of rice dishes, and prepared an assortment of pies, cakes, breads, and pastries. Students shared their work through online and virtual discussions, pictures, and presentations. Although the situation was not ideal, the class made the most of the experience, staying connected during this *unexpected transition* and having a great time in the process.

FDNT faculty members, Michelle Tweardy, Stephanie Taylor-Davis, Jodie Seybold, and Taylor Jones also received a technology grant from the IUP Academic Computing Policy Advisory Committee (ACPAC) to

continue developing food presentations and online activities for students. Beginning in the Fall 2020, they will use demonstration equipment to create videos, interactive lessons, assessment tools, and promotional materials to provide new *ways to connect* with students, evaluate student work, and offer resources on campus and in the community.

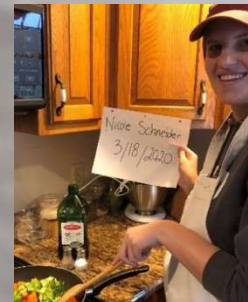
If you would like to learn more about the activities in the FDNT Foods classroom, please contact Michelle Tweardy at mtweardy@iup.edu or [FDNT](#).



Michele Tweardy,
Instructor



Kaleen Weikel,
Dietetic Intern
Zoom teaching
Spark video
demonstration



Nicole
Schneider,
Dietetic Intern
Home
demonstration
on Spark video



Dorothy Kalinowski, FDNT student
Home gluten lab experiment



Alexis Stephenson, FCSE student
At home making soufflé pancakes



Halle Schenk, FDNT student
Making cornbread and popovers at home

Nadine Brown Named 2020 McCauley Award Recipient

Nadine Brown, a senior in IUP's Respiratory Care program, has been selected by the program faculty as the Class of 2020 recipient of the Ann and Daniel McCauley Memorial Award for Respiratory Care. Each year, the respiratory care faculty nominates worthy candidates and subsequently votes for one graduating senior to receive this prestigious award. The recipient is one who best exemplifies and demonstrates the "4 Cs" of Respiratory Care -- Compassion, Caring, Communication, and Competence -- in their day-to-day interactions with others and, most importantly, their clinical interactions with patients. The McCauley Award was first established in 1993 by the Daniel McCauley family of Penn Hills, PA, as a legacy to memorialize their beloved wife and mother, Ann. When Ann became ill and hospitalized, she and the family members routinely noted those clinicians who provided her with exemplary care and concern. Because daughter Patricia had graduated with a degree in respiratory care from IUP, the respiratory therapists were especially scrutinized for these qualities.

The 4 C's of Respiratory Care are Compassion, Caring, Communication and Competence.

Following Ann's untimely passing, Dan and daughters (Margaret McCauley Hamerly '70, Patricia McCauley '76, and Maureen McCauley McArdle) worked with the Foundation for IUP to create an annual award for a respiratory care student in the graduating class, acknowledging the qualities most appreciated by Ann and her family. The "4 Cs" were top in their minds as the Ann McCauley Memorial Award was established. For many years, Dan McCauley attended the annual respiratory care graduation ceremonies to present the award to the deserving graduate, even making the trip while requiring supplemental oxygen. Upon his passing in 2003, the McCauley sisters included their father's name in the title of the award. Since then, Maureen (Greensburg, PA) has often

been the presenter, with a sister or two accompanying her. "While it's always a difficult decision to select only one recipient, Nadine is very deserving of the honor," said Jackie Heisler, PhD, faculty member and Director

of Clinical Education for IUP's respiratory program. "She is very consistent, polite, and caring in her interactions with patients and staff." Nadine graduated in May with a Bachelor of Science degree in respiratory care and a minor in psychology. She served as a class representative and as an active member of the student Respiratory Care Club. Nadine volunteered to help train the IUP Police Academy cadets in the assessment of vital signs, and she has worked with a research team to survey university students about vaping. Prior to the COVID-19 outbreak, Nadine had participated in the elective respiratory care internship course at Magee Women's Hospital, where she obtained additional clinical experience under the supervision of a hospital staff mentor. Upon hearing the news of

the award, Nadine responded, "Thank you all so much for nominating me for this wonderful award. I am honored and I appreciate it so much!"
Congratulations, Nadine!



The Oak Grove remains a quiet spot for squirrels and sidewalk scribblers!



Lambda Beta Honors

Four seniors from the graduating class of 2020 have been nominated for the Lambda Beta Academic Honors, qualifying for the academic honor by achieving the top 25% of the Respiratory Care graduating class. *Congratulations to Alexsae Wyandt, Jessica Laney, Zinab Alali, and Alison Marron!*



Edith West Receives the 2020 Nurse Excellence Award

The membership of the Zeta Lambda Chapter of Sigma Theta Tau International Honor Society of Nursing acknowledged Dr. Edith West as the recipient of the 2020 Nurse Excellence Award.

The award honors a registered nurse who demonstrates significant *leadership ability*; evidence of *excellence* in clinical nursing practice, nursing education or nursing

administration; extraordinary *contribution* to community or public service; and *scholarship* in nursing through research or professional development. The membership of the Zeta Lambda Chapter of STTI recognized

Dr. West's achievements to benefit nursing.

Dr. West, Ph.D., ACNS-BC, RN, Professor of Nursing at IUP, joined IUP in Fall 2006 from Lake Superior State University, MI. She completed her Ph.D. at Bangor University, Wales, United Kingdom, in 2008 and has maintained an Advanced Practice Clinical Nurse Specialist-Basic Care



Certification since 2004. Dr. West's research interests focus on her passions for nursing ethics, history, public/community health, and international/global nursing, and has resulted in professional recognition and solicitation to serve as a research reviewer for the Academy of Medical Surgical Nurses. Dr. West's scholarly work has resulted in professional recognition and solicitation to serve

as a reviewer with the *Journal of Nursing Education*, *Nurse Education in Practice*, *International Nursing Review*, as editor with the *World Journal of Social Science Research*, and garnered an invitation to be a Director for the Southwestern PA Association of Occupational Health Nurses. Dr. West's research has appeared in journals such as *Journal of*

the Center for the Study of Ethics, *British Journal of School Health*, *Journal of Nursing Education*, *Journal of International Women's Studies*, *Home Healthcare Nurse*, and *International Archives of Nursing and Health Care*.

Dr. West's most recent achievements include a contribution to a book chapter (2020) entitled, "Ethics and

Integrity in Nursing Research," in the *Handbook on Ethics and Integrity in Scientific Research* as well as her 2019 book entitled, "Frontier Nursing in Appalachia: History, Organization and the Changing Culture of Care," both published by Springer Nature Publications. Dr. West is presently working on research entitled, "Care of the Cognitively Impaired Loved-One in the Home: The Lived Experiences of the Caregiver," with faculty member Dr. Michele Gerwick and doctoral candidate Pat Hockensmith; their research was recently accepted for poster presentation at PHENSA. Dr. West has maintained a graduate and PhD level teaching eligibility and has served in this capacity as dissertation committee member and chairperson. She believes nursing as a practice discipline demands practitioners who are capable of not only acquiring and applying knowledge but who can also "*think outside the box*" in both their practice and education environments. Her philosophy of teaching challenges students to move beyond the confines of institutionalized medicine to meet the global challenges they will face in an ever-changing health care system.

Culinary Admissions Brings the Campus Experience to Students

Campus visit programs are an essential part of the admissions process for a student planning to attend IUP Academy of Culinary Arts. However, with restrictions for on-campus events due to COVID-19, the Culinary Admissions Office offered alternatives for prospective students.

On Friday, April 17, the IUP Culinary Admissions Staff hosted their first Virtual Tour via Zoom. Ten prospective students attended the event where they were able to hear an admissions presentation, attend a virtual tour of all campus buildings, and ask questions to faculty, current students, and admissions staff. The event was well received by the prospective students, and several reached out after the event to let staff know how much they enjoyed it.

A second event on Saturday, April 25, was held for fifteen prospective students. The guests were once

again provided an admissions presentation and opportunities to talk with staff, faculty, and current students. The tours were planned and presented to provide the students the opportunity to experience all the culinary program has to offer in a virtual setting -- missing only the aroma of food in the kitchen and of course the tasting!

More dates are scheduled in the weeks to come to allow students the opportunity to experience the program in these unprecedented times. The plan is to return to on-campus events in the future, but virtual tours will continue to be used for students who live too far away to easily attend an on-campus event. Virtual tours were not held in the past, but they will be part of the future!

Students can register for a Virtual Tour at [Virtual Visit!](#)

KHSS's First Graduate in the IUP and UT Dual Degree Program

Charles Horsley is the first student to participate in a dual degree program offered in cooperation with the University of Taipei (UT) in Taipei, Taiwan, and IUP's Department of Kinesiology, Health, and Sport Science. Charles attended the UT for two semesters in 2019 and, at the completion of his second semester at UT, earned a Master of Science degree in Exercise Science. Charles completed his required coursework at IUP and successfully defended his masters' thesis



entitled *Social Media Branding Practices Utilized by Indiana University of Pennsylvania and University of Taipei's Baseball Teams*. Charles received his Master of Science Degree in Sport Science from IUP in May 2020.

Charles was also recently awarded the Researcher Award at the 2020 Pennsylvania Sports Business Conference. Even though the conference itself was cancelled, the student awards were issued. *Congratulations, Charles!*

Respiratory Alums Return to IUP

Recently, three alums of IUP's Respiratory Care program stopped by the IUP Northpointe campus in Freeport, PA, to share their insights with the senior respiratory care students.



Kim Spencer Wiles, BS, RRT, CPFT, FAARC, '85 (left), spoke to the RC Across the Continuum class regarding *Oxygen Therapy Outside the 4 Walls*. Kim is the Vice President of Respiratory Services for Allegheny Health Network Home Medical Equipment and has been a strong advocate for safe and effective care in the home for respiratory patients. Recently, Kim served as Chair of the Home Care Section for the American Association for Respiratory Care (AARC). Julianne Stickley Perretta, MS, RRT '01 (no photo provided), spoke to the Neonatal and Pediatric Respiratory Care class about her experience and her successful textbook *Neonatal and Pediatric Respiratory Care: A Patient Case Method* (F.A.Davis, Publisher). Julianne is an Assistant Professor of Anesthesiology and Critical Care Medicine at Johns Hopkins, where she currently serves as the manager of Manikin and Procedural Skills as well as Lead Simulation Educator for the Johns Hopkins Medicine Simulation Center.

Gail Watkins Varcelotti, BS, RRT, FAARC '77 (right), spoke to the RC Leadership class regarding *Professionalism, Licensure and the AARC (American Association for Respiratory Care)*. Gail has been involved in the education aspect during most of her career in respiratory care. She is active in the profession on a state and national level and co-founded Ganesco, Inc., a company that develops and manages accredited continuing education topics and programs in respiratory care and sleep medicine throughout the United States.

The students appreciated hearing from the alums and gained valuable information from the experience.



Criminology Students Publish

Two students in the Department of Criminology and Criminal Justice recently gained experience with the publication process under the tutelage of Dr. Bitna Kim. Current doctoral student Hyeonna Bak and former undergraduate McNair Scholar Joshua Garcia recently saw the manuscript they coauthored with Dr. Kim go to print. Their article entitled, "Revisiting Eigenberg's Prison Rape Model with Criminal Justice Majors," was recently published in the *Journal of Sexual Aggression*.

Nursing Faculty Publishes Book Chapter

Nursing faculty Teresa Shellenbarger recently completed a book chapter for *Clinical Education for the Health Professions: Theory and Practice* published in 2020 by Springer Nature. Her chapter is titled "Clinical Education in Nursing: Current Practices and Trends."

Emerging Professionals in Safety Sciences

The American Society of Safety Professionals (ASSP) selected its first group of recipients for a new award and professional development program that aims to advance occupational safety and health careers while supporting the entire profession. ASSP's 2020 Emerging Professional Award was earned by five next-generation safety leaders who demonstrate leadership, volunteerism, and a desire to widely impact workplace safety through their involvement in the world's oldest professional safety organization. The inaugural group selected for ASSP's Emerging Professional Award included two IUP students (shown left to right in photo): Jarred O'Dell who received his graduate degree in Safety Sciences at IUP in 2017, and Anthony Marletta, who received both his undergraduate and graduate degree in the IUP Safety Sciences programs. Both are currently enrolled in the IUP Safety Sciences PhD program. *Congratulations, Jarred and Anthony!*



Madison Kerr Receives the Judith Ann Shoop Award



Madison Kerr received the 2020 Judith Ann Shoop award. The award honors the memory of Judith Shoop, a 1978 graduate of IUP, who faced many health challenges due to cystic fibrosis but did not let that stop her from pursuing her dream of becoming a nurse. The Zeta Lambda Chapter of Sigma Theta Tau, the IUP nursing honor society, presents the Judith Ann Shoop Memorial \$500 Scholarship each year by recognizing outstanding

academic achievement to the student earning the highest GPA in the graduating class. Madison, the 2020 award recipient, will start her nursing career as a cardiovascular ICU nurse at WVU Ruby Memorial hospital. After gaining the necessary ICU experience, Madison plans to earn a Doctor of Nurse Anesthesia Practice (DNAP) and pursue a career as a nurse anesthetist. *Congratulations, Madison!*



A pair of mallards crosses Eleventh Street to steer passersby away from their nest in a grassy spot on campus.



Wildflowers bloom in front of Zink Hall.

Congratulations to our Graduates! STAY SAFE!

IUP's commencement ceremonies were postponed until September, so the Class of 2020 had the unique opportunity to enjoy virtual recognition events! Check out our videos and photos at the following sites:

[Safety Sciences Ceremony](#)

[Hospitality Management Ceremonies](#)

[Nursing and Allied Health Professions](#)

(download the Class of 2020 Program)

[IUP Class of 2020](#)

On April 7, a "supermoon" occurred, meaning the full moon occurred within 90% of perigee, its closest approach to Earth in orbit. The April full moon was the "most super" of the supermoons in 2020 since it was slightly closer than all other full moons.



Food and Nutrition's Virtual Ceremony